

Match Rifle

Prone & 3 Position - 50 M outdoors – 6 Bull Targets

10 Min. Preparation Time - Set up for Prone
2 min. remaining

30 Min. **PRONE**

10 Min. Target Change
2 min. remaining

30 Min. **PRONE**

10 Min. Target Change
2 min. remaining

30 Min. **PRONE**

15 Min. Target Change - Position Change To Standing
2 min. remaining

45 Min. **STANDING**

10 Min. Target Change
2 min. remaining

45 Min. **STANDING**

15 Min. Target Change - Position Change To Kneeling
2 min. remaining

37.5 Min. **KNEELING**

10 Min. Target Change
2 min. remaining

37.5 Min. **KNEELING**

With Electronic Targets

No Target Changing Required

Men & Women - 60 shot Prone Match

1 Hour, 15 Minutes

With Electronic Targets

No Target Changing Required

3 - Position

Men

Prone: 45 Minutes

Standing: 1 hour, 15 minutes

Kneeling: 1 hour

Women

2 hours, 15 minutes - continuous

Sporting Rifle

Prone & 3 Position – 50 M. outdoors – 6 Bull Targets

10 Min. Preparation Time - Set up for Prone
2 min. remaining

30 Min. **PRONE**

10 Min. Target Change
2 Min. remaining

30 Min.

PRONE

10 Min.

Target Change
2 min. remaining

30 Min.

PRONE

15 Min.

Target Change - Position Change To Standing
2 min. remaining

30 Min.

STANDING

10 Min.

Target Change
2 min. remaining

30 Min.

STANDING

15 Min.

Target Change - Position Change To Kneeling
2 min. remaining

30 Min.

KNEELING

10 Min.

Target Change
2 min. remaining

30 Min.

KNEELING

Air Rifle

10 Metre Indoors - Standing

Men's Air

60 Shots

1 Hr – 45 minutes

Woman's Air

40 Shots

1 Hr – 15 minutes